



**Integrative Health Institute (IHI) Inaugural Conference:  
Contemporary Insights for Optimizing Health**

**MAY 13, 2016 / BERNARD SNELL HALL / 8440 112 St Edmonton**

**TED Talk Speakers:**



**Your Microbiome: Who Knew? It Controls Your Health**

Dr. Richard Fedorak  
Interim Dean, Faculty of Medicine & Dentistry, University of Alberta.

**Integrative Health in Mental Health: Opportunities and Challenges**

Dr. Glenda MacQueen  
Vice Dean, Cumming School of Medicine, University of Calgary.



**Mindfulness for Optimal Health**

Dr. Linda Carlson  
Professor, Department of Oncology, University of Calgary.



**Can we improve breast cancer with a dietary compound?**

Dr. Catherine Field  
Professor, Department of Agriculture, Life and Environmental Sciences and Co-Director Cancer Research Institute of Northern Alberta (CRINA), University of Alberta.



**Environment, Brain, Health and Behaviour**

Dr. Bryan Kolb  
Professor, Department of Neuroscience, University of Lethbridge.



**To register: [www.uab.ca/ihi](http://www.uab.ca/ihi)**